

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 28, 2021

**Menu Name:** Elementary Lunch

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Monday - 05/03/2021

**Reimbursable Meal Total 1000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
000643 Tyson 2155-0928 Chicken Chunks	5 PC	1000	240	470	1	16.00
990143 Fritos 19852 Corn Chips	Each	1000	120	125	0	12.00
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
000795 Heinz BBQ 7627810 Sauce Pkt	Each	300	15	85	2	4.00
990046 Red Gold Ketchup Packet	Packet	400	10	85	2	3.00
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
Weighted Daily Average			495	746	*22	56.01
% of Calories					*17.8%	45.3%
Weekly Nutrient Guideline			550 - 650	1230		

### Tuesday - 05/04/2021

**Reimbursable Meal Total 1000**

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 28, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
000913 Integrated Grilled Cheese Sandwich WG IW	sandwich	1000	280	581	6	30.96
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
Weighted Daily Average			407	672	*25	56.57
% of Calories					*24.6%	55.6%
Weekly Nutrient Guideline			550 - 650	1230		

**Wednesday - 05/05/2021**

**Reimbursable Meal Total 1000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
900233 Tonys 72671 WG FB Cheese Pizza	Each	1000	340	810	6	35.00
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
990100 Suncup 400305	Box	400	60	0	13	14.00

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## Portion Values

Apple Juice Box						
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
Weighted Daily Average			467	902	*26	60.61
% of Calories					*22.3%	51.9%
Weekly Nutrient Guideline			550 - 650	1230		

### Thursday - 05/06/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
000404 Farm Rich 65225 Pizza Cruncher	Svg 4	1000	420	790	3	41.00
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
Weighted Daily Average			547	882	*23	66.61
% of Calories					*16.8%	48.7%
Weekly Nutrient Guideline			550 - 650	1230		

### Friday - 05/07/2021

Reimbursable Meal Total 1000

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990133 Rich Chicks 54404 Chicken & Waffle Sandwich IW WG	Each	1000	270	590	5	25.00
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
000795 Heinz BBQ 7627810 Sauce Pkt	Each	300	15	85	2	4.00
990046 Red Gold Ketchup Packet	Packet	400	10	85	2	3.00
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
Weighted Daily Average			405	741	*26	53.01
% of Calories					*25.7%	52.4%
Weekly Nutrient Guideline			550 - 650	1230		

**Monday - 05/10/2021**

**Reimbursable Meal Total 1000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
000643 Tyson 2155-0928 Chicken Chunks	5 PC	1000	240	470	1	16.00
990143 Fritos 19852 Corn Chips	Each	1000	120	125	0	12.00

# Base Menu Spreadsheet

## Portion Values

000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
000795 Heinz BBQ 7627810 Sauce Pkt	Each	300	15	85	2	4.00
990046 Red Gold Ketchup Packet	Packet	400	10	85	2	3.00
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
Weighted Daily Average			495	746	*22	56.01
% of Calories					*17.8%	45.3%
Weekly Nutrient Guideline			550 - 650	1230		

## Tuesday - 05/11/2021

## Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990142 Arizona Gold 3180575 Bean & Cheese Burrito	Each	1000	380	500	3	46.00
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
000797 Heinz Taco Sauce 4410560551 Pk	Each	400	5	96	1	1.07

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## Portion Values

990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
Weighted Daily Average			509	630	*23	72.03
% of Calories					*18.1%	56.6%
Weekly Nutrient Guideline			550 - 650	1230		

## Wednesday - 05/12/2021

## Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
900233 Tonys 72671 WG FB Cheese Pizza	Each	1000	340	810	6	35.00
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
Weighted Daily Average			467	902	*26	60.61
% of Calories					*22.3%	51.9%
Weekly Nutrient Guideline			550 - 650	1230		

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 28, 2021

### Thursday - 05/13/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990144 Don Lee 34072WWG Corn Dog Chx WG IW	Each	1000	238	690	8	27.80
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
990046 Red Gold Ketchup Packet	Packet	400	10	85	2	3.00
900326 Mustard Packets	EACH	200	4	41	*N/A*	0.00
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
000894 FatCat WGCELC140 Celebration C	Each	600	143	91	11	23.90
Weighted Daily Average			455	878	*34	68.95
% of Calories					*29.9%	60.6%
Weekly Nutrient Guideline			550 - 650	1230		

### Friday - 05/14/2021

Reimbursable Meal Total 1000

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 28, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
000015 Cheesey Bread Sticks Bosco	2	1000	0	0	*N/A*	0.00
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
Weighted Daily Average			127	92	*20	25.61
% of Calories					*63.0%	80.7%
Weekly Nutrient Guideline			550 - 650	1230		

**Monday - 05/17/2021**

**Reimbursable Meal Total 1000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
000643 Tyson 2155-0928 Chicken Chunks	5 PC	1000	240	470	1	16.00
990143 Fritos 19852 Corn Chips	Each	1000	120	125	0	12.00
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93



# Base Menu Spreadsheet

## Portion Values

000795 Heinz BBQ 7627810 Sauce Pkt	Each	300	15	85	2	4.00
990046 Red Gold Ketchup Packet	Packet	400	10	85	2	3.00
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
Weighted Daily Average			495	746	*22	56.01
% of Calories					*17.8%	45.3%
Weekly Nutrient Guideline			550 - 650	1230		

**Tuesday - 05/18/2021**

**Reimbursable Meal Total 1000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
000913 Integrated Grilled Cheese Sandwich WG IW	sandwich	1000	280	581	6	30.96
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
Weighted Daily Average			407	672	*25	56.57
% of Calories					*24.6%	55.6%
Weekly Nutrient Guideline			550 - 650	1230		

### Wednesday - 05/19/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
900233 Tonys 72671 WG FB Cheese Pizza	Each	1000	340	810	6	35.00
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
Weighted Daily Average			467	902	*26	60.61
% of Calories					*22.3%	51.9%
Weekly Nutrient Guideline			550 - 650	1230		

### Thursday - 05/20/2021

Reimbursable Meal Total 1000

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 28, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
000404 Farm Rich 65225 Pizza Cruncher	Svg 4	1000	420	790	3	41.00
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
Weighted Daily Average			547	882	*23	66.61
% of Calories					*16.8%	48.7%
Weekly Nutrient Guideline			550 - 650	1230		

**Friday - 05/21/2021**

**Reimbursable Meal Total 1000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990133 Rich Chicks 54404 Chicken & Waffle Sandwich IW WG	Each	1000	270	590	5	25.00
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93

# Base Menu Spreadsheet

## Portion Values

000795 Heinz BBQ 7627810 Sauce Pkt	Each	300	15	85	2	4.00
990046 Red Gold Ketchup Packet	Packet	400	10	85	2	3.00
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
Weighted Daily Average			405	741	*26	53.01
% of Calories					*25.7%	52.4%
Weekly Nutrient Guideline			550 - 650	1230		

### Monday - 05/24/2021

### Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
000643 Tyson 2155-0928 Chicken Chunks	5 PC	1000	240	470	1	16.00
990143 Fritos 19852 Corn Chips	Each	1000	120	125	0	12.00
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
000795 Heinz BBQ 7627810 Sauce Pkt	Each	300	15	85	2	4.00
990046 Red Gold Ketchup Packet	Packet	400	10	85	2	3.00
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1%	8 OZ	200	130	160	15	16.00

# Base Menu Spreadsheet

## Portion Values

White 8 oz						
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
Weighted Daily Average			495	746	*22	56.01
% of Calories					*17.8%	45.3%
Weekly Nutrient Guideline			550 - 650	1230		

Tuesday - 05/25/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990142 Arizona Gold 3180575 Bean & Cheese Burrito	Each	1000	380	500	3	46.00
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
000797 Heinz Taco Sauce 4410560551 Pk	Each	400	5	96	1	1.07
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
Weighted Daily Average			509	630	*23	72.03
% of Calories					*18.1%	56.6%
Weekly Nutrient Guideline			550 - 650	1230		

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 28, 2021

### Wednesday - 05/26/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
900233 Tonys 72671 WG FB Cheese Pizza	Each	1000	340	810	6	35.00
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
Weighted Daily Average			467	902	*26	60.61
% of Calories					*22.3%	51.9%
Weekly Nutrient Guideline			550 - 650	1230		

### Thursday - 05/27/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990144 Don Lee 34072WWG Corn Dog Chx WG IW	Each	1000	238	690	8	27.80
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14

# Base Menu Spreadsheet

## Portion Values

900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
990046 Red Gold Ketchup Packet	Packet	400	10	85	2	3.00
900326 Mustard Packets	EACH	200	4	41	*N/A*	0.00
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	300	120	150	19	22.00
000894 FatCat WGCELC140 Celebration C	Each	600	143	91	11	23.90
Weighted Daily Average			455	878	*34	68.95
% of Calories					*29.9%	60.6%
Weekly Nutrient Guideline			550 - 650	1230		

Friday - 05/28/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
000015 Cheesey Bread Sticks Bosco	2	1000	0	0	*N/A*	0.00
000180 Apple -198 Count	EACH	300	55	1	11	14.64
990073 TANGERINES, (MANDARIN ORANGES),RAW	Each	300	40	2	8	10.14
900156 Carrots baby raw bag 2.6 oz	EACH	400	30	35	*N/A*	6.93
990100 Suncup 400305 Apple Juice Box	Box	400	60	0	13	14.00
000366 Crystal Milk 1% White 8 oz	8 OZ	200	130	160	15	16.00
900024 Crystal Milk Choc	8 oz	300	120	150	19	22.00

# Base Menu Spreadsheet

## Portion Values

Non fat						
Weighted Daily Average			127	92	*20	25.61
% of Calories					*63.0%	80.7%
Weekly Nutrient Guideline			550 - 650	1230		

			Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
Weighted Averages			437	719	*25	57.60
% of Calories					*22.9%	52.7%

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.