

Base Menu Spreadsheet

Portion Values

Dec 3, 2018 thru Dec 7, 2018

Menu Name: Elementary Breakfast

Include Cost: Yes

Site:

Report Style: Detailed

Monday - 12/03/2018

Reimbursable Meal Total 195

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Cost
990054 Eggo 38000 Pancake Mini Bites, Maple	Pouch	75	210	320	11	35.00	\$0.000
900209 JennieO 2711-06 Bacon Turkey	2 Pc	75	40	190	0	0.00	\$0.000
900210 Bay Valley 4740 Maple Syrup	EACH	50	130	15	23	32.00	\$0.000
000629 MOM 8665-6 Cereal Mateys	Bowl	10	110	240	9	23.00	\$0.000
900215 MOM 08655 Honey Nut Scooters	EACH	10	111	172	6	22.27	\$0.201
990031 General Mills 38387 Cinnamon Chex Bowlpak	bowl	10	110	170	7	23.00	\$0.000
000376 MJM 404001 Vanlla WG Grhm bear	EACH	75	110	95	6	20.00	\$0.000
900217 Dannon 2731 Yogurt Danimal Str	Each	45	80	65	12	15.05	\$0.000
900216 J&J 40401 BeneFIT Bar	Each	25	290	240	22	47.00	\$0.000
000607 Tonys 19322 Bagel WG Sliced IW	Each	20	217	230	4	44.60	\$0.000
900220 Kraft 610959 Cream Cheese	EACH	10	60	130	2	2.00	\$0.000
000750 Kraft 7268300 Crm Chs Strbry	Each	10	80	100	4	4.00	\$0.000
000180 Apple -198 Count	EACH	50	55	1	11	14.64	\$0.000
900005 Banana, dwarf, raw	EACH	50	90	1	12	23.07	\$0.000

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Cost
000249 Raisins, seedless, sngl srvg	1/2 CUP	5	114	4	*N/A*	30.09	\$0.000
000793 Crystal Apple Juice 4 oz	4oz	60	60	8	8	8.00	\$0.000
900227 Crystal NonFat White Milk 8 oz	EACH	20	90	130	13	13.00	\$0.000
000366 Crystal Milk 1% White 8 oz	8 OZ	75	130	160	15	16.00	\$0.000
Weighted Daily Average			392	426	*35	67.63	\$0.010
% of Calories					*35.7%	69.0%	
Weekly Nutrient Guideline			350 - 500	540			

Tuesday - 12/04/2018

Reimbursable Meal Total 195

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Cost
000828 Fat Cat 856354 Panbread Apple Cinnamon	Svg	50	166	90	15	28.50	\$0.000
000754 Cargill40827 Eggs Scrmbl prec	Svg 2 oz	50	90	260	0	2.00	\$0.000
900209 JennieO 2711-06 Bacon Turkey	2 Pc	50	40	190	0	0.00	\$0.000
000666 Gen Mills 94562-32272 Biscuit	Each	50	100	230	1	13.00	\$0.000
000831 Heinz 1250176 Honey Pkt	Each	5	25	0	7	7.00	\$0.000
000629 MOM 8665-6 Cereal Mateys	Bowl	10	110	240	9	23.00	\$0.000
990031 General Mills 38387 Cinnamon Chex Bowlpak	bowl	10	110	170	7	23.00	\$0.000
900215 MOM 08655 Honey Nut Scooters	EACH	10	111	172	6	22.27	\$0.201

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Cost
000376 MJM 404001 Vanlla WG Grhm bear	EACH	55	110	95	6	20.00	\$0.000
900217 Dannon 2731 Yogurt Danimal Str	Each	25	80	65	12	15.05	\$0.000
900216 J&J 40401 BeneFIT Bar	Each	30	290	240	22	47.00	\$0.000
000607 Tonys 19322 Bagel WG Sliced IW	Each	10	217	230	4	44.60	\$0.000
900220 Kraft 610959 Cream Cheese	EACH	10	60	130	2	2.00	\$0.000
000750 Kraft 7268300 Crm Chs Strbry	Each	10	80	100	4	4.00	\$0.000
000180 Apple -198 Count	EACH	50	55	1	11	14.64	\$0.000
900005 Banana, dwarf, raw	EACH	50	90	1	12	23.07	\$0.000
000249 Raisins, seedless, sngl srvg	1/2 CUP	5	114	4	*N/A*	30.09	\$0.000
000793 Crystal Apple Juice 4 oz	4oz	60	60	8	8	8.00	\$0.000
900227 Crystal NonFat White Milk 8 oz	EACH	20	90	130	13	13.00	\$0.000
000366 Crystal Milk 1% White 8 oz	8 OZ	75	130	160	15	16.00	\$0.000
Weighted Daily Average			341	401	*28	52.62	\$0.010
% of Calories					*32.8%	61.7%	
Weekly Nutrient Guideline			350 - 500	540			

Wednesday - 12/05/2018

Reimbursable Meal Total 195

Base Menu Spreadsheet

Portion Values

Dec 3, 2018 thru Dec 7, 2018

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Cost
000843 Tonys 63912 Pizza Brkfst Sausa	Slice	75	210	470	6	26.00	\$0.000
000827 Smoothie Sunrise Yoplait	8ozsvg	15	156	54	24	33.50	\$0.000
000629 MOM 8665-6 Cereal Mateys	Bowl	15	110	240	9	23.00	\$0.000
900215 MOM 08655 Honey Nut Scooters	EACH	15	111	172	6	22.27	\$0.201
990031 General Mills 38387 Cinnamon Chex Bowlpak	bowl	10	110	170	7	23.00	\$0.000
000376 MJM 404001 Vanilla WG Grhm bear	EACH	80	110	95	6	20.00	\$0.000
900217 Dannon 2731 Yogurt Danimal Str	Each	25	80	65	12	15.05	\$0.000
900216 J&J 40401 BeneFIT Bar	Each	30	290	240	22	47.00	\$0.000
000607 Tonys 19322 Bagel WG Sliced IW	Each	10	217	230	4	44.60	\$0.000
900220 Kraft 610959 Cream Cheese	EACH	15	60	130	2	2.00	\$0.000
000750 Kraft 7268300 Crm Chs Strbry	Each	10	80	100	4	4.00	\$0.000
000180 Apple -198 Count	EACH	50	55	1	11	14.64	\$0.000
900005 Banana, dwarf, raw	EACH	50	90	1	12	23.07	\$0.000
000249 Raisins, seedless, sngl srvg	1/2 CUP	5	114	4	*N/A*	30.09	\$0.000
000793 Crystal Apple Juice 4 oz	4oz	60	60	8	8	8.00	\$0.000
900227 Crystal NonFat White Milk 8 oz	EACH	20	90	130	13	13.00	\$0.000

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Dec 3, 2018 thru Dec 7, 2018

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Cost
000366 Crystal Milk 1% White 8 oz	8 OZ	75	130	160	15	16.00	\$0.000
Weighted Daily Average			353	415	*29	57.64	\$0.015
% of Calories					*32.9%	65.3%	
Weekly Nutrient Guideline			350 - 500	540			

Thursday - 12/06/2018

Reimbursable Meal Total 195

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Cost
000856 FatCat Muffin Batter, Cowgirl	Svg	105	170	109	14	28.60	\$0.000
000629 MOM 8665-6 Cereal Mateys	Bowl	10	110	240	9	23.00	\$0.000
900215 MOM 08655 Honey Nut Scooters	EACH	10	111	172	6	22.27	\$0.201
990031 General Mills 38387 Cinnamon Chex Bowlpak	bowl	10	110	170	7	23.00	\$0.000
000376 MJM 404001 Vanilla WG Grhm bear	EACH	55	110	95	6	20.00	\$0.000
900217 Dannon 2731 Yogurt Danimal Str	Each	25	80	65	12	15.05	\$0.000
900216 J&J 40401 BeneFIT Bar	Each	15	290	240	22	47.00	\$0.000
000607 Tonys 19322 Bagel WG Sliced IW	Each	20	217	230	4	44.60	\$0.000
900220 Kraft 610959 Cream Cheese	EACH	15	60	130	2	2.00	\$0.000
000750 Kraft 7268300 Crm Chs Strbry	Each	5	80	100	4	4.00	\$0.000
000180 Apple -198 Count	EACH	50	55	1	11	14.64	\$0.000

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Cost
900005 Banana, dwarf, raw	EACH	50	90	1	12	23.07	\$0.000
000249 Raisins, seedless, sngl srvg	1/2 CUP	5	114	4	*N/A*	30.09	\$0.000
000793 Crystal Apple Juice 4 oz	4oz	60	60	8	8	8.00	\$0.000
900227 Crystal NonFat White Milk 8 oz	EACH	20	90	130	13	13.00	\$0.000
000366 Crystal Milk 1% White 8 oz	8 OZ	75	130	160	15	16.00	\$0.000
Weighted Daily Average			319	256	*30	55.31	\$0.010
% of Calories					*37.6%	69.4%	
Weekly Nutrient Guideline			350 - 500	540			

Friday - 12/07/2018

Reimbursable Meal Total 195

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Cost
000882 J&J 4521 Waffle WG Dutch	Each	50	300	350	12	43.00	\$0.000
000629 MOM 8665-6 Cereal Mateys	Bowl	5	110	240	9	23.00	\$0.000
900215 MOM 08655 Honey Nut Scooters	EACH	20	111	172	6	22.27	\$0.201
990031 General Mills 38387 Cinnamon Chex Bowlpak	bowl	20	110	170	7	23.00	\$0.000
000376 MJM 404001 Vanilla WG Grhm bear	EACH	95	110	95	6	20.00	\$0.000
900217 Dannon 2731 Yogurt Danimal Str	Each	50	80	65	12	15.05	\$0.000
900216 J&J 40401 BeneFIT Bar	Each	20	290	240	22	47.00	\$0.000

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Dec 3, 2018 thru Dec 7, 2018

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Cost
000607 Tonys 19322 Bagel WG Sliced IW	Each	30	217	230	4	44.60	\$0.000
900220 Kraft 610959 Cream Cheese	EACH	10	60	130	2	2.00	\$0.000
000750 Kraft 7268300 Crm Chs Strbry	Each	10	80	100	4	4.00	\$0.000
000180 Apple -198 Count	EACH	50	55	1	11	14.64	\$0.000
900005 Banana, dwarf, raw	EACH	50	90	1	12	23.07	\$0.000
000799 USDA 100293 Raisins	Each	5	119	5	27	28.77	\$0.000
000793 Crystal Apple Juice 4 oz	4oz	60	60	8	8	8.00	\$0.000
900227 Crystal NonFat White Milk 8 oz	EACH	20	90	130	13	13.00	\$0.000
000366 Crystal Milk 1% White 8 oz	8 OZ	75	130	160	15	16.00	\$0.000
Weighted Daily Average			365	344	30	62.21	\$0.021
% of Calories					32.9%	68.2%	
Weekly Nutrient Guideline			350 - 500	540			

			Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Cost
Weighted Averages			354	368	*30	59.08	\$0.013
% of Calories					*33.9%	66.8%	

Nutrient	Menu Average	% of Cals	Weekly Target	% of Target	Shortfall	Overage	Missing Data	Error Messages (if any)
Calories	354		350-500	100%				
Sodium	368 mg		540.000	68%				
Sugars	*30 g	*33.9%					Missing Data	
Carbohydrate	59.08 g	66.8%						

Base Menu Spreadsheet

Buckeye Union School District

Portion Values

Dec 3, 2018 thru Dec 7, 2018

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: *The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*